CAUTION

PRIMARY INDICATORS*
Negative performance against primary health indicators
OR Continued indications of community spread and outbreak

Best Practices For INDIVIDUALS:

FOLLOW THE SIX RULES to Keep Nebraska Healthy
1. Stay home. No non-essential errands and no social gatherings.
2. Socially distance your work. Work from home or use six-foot rule.
3. Shop alone and only shop once a week. Do not take family with you.
5. Help seniors stay at home by shopping for them. Do not visit long-term care facilities.
6. Exercise daily at home or with an appropriately socially-distanced activity.

Best Practices For EMPLOYERS:

• Continue to ENCOURAGE TELEWORK, whenever possible and feasible with business operations.
• MINIMIZE INTERACTION with coworkers and the public.
• PROTECTIVE FACE COVERINGS SHOULD BE WORN by employees who will be interacting with customers or other members of the team.
• AVOID NON-ESSENTIAL TRAVEL and adhere to CDC guidelines regarding isolation following travel.

For more information, visit the We Rise recovery page.

*Primary indicators are Confirmed Cases and Percent Positive Tests according to UNMC Global Center for Health Security PRAM dashboard.