



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HERE FOR OUR COMMUNITY

YMCA OF GREATER OMAHA AND GREATER OMAHA CHAMBER

**We have 13 YMCA locations in the
Omaha, Blair, Papillion, Valley,
Glenwood, & Council Bluffs area**

Armbrust YMCA

5404 S. 168th St, Omaha, NE
402-896-4200

Mon - Fri: 5:00 am - 9:00 pm
Sat: 7:00 am - 7:00 pm
Sun: 8:00 am - 7:00 pm

Blair Family YMCA

1278 Wilbur Street
402-533-9622

Mon - Thurs : 5:00 am - 9:00 pm
Fri: 5:00 am - 7:00 pm
Sat: 8:00 am - 4:00 pm
Sun: 12:00 pm - 4:00 pm

Charles E. Lakin YMCA

235 Harmony St, Council Bluffs, IA
712-322-6606

Mon - Fri: 5:00 am-9:00 pm
Sat: 6:00 am-6:00 pm
Sun: 8:00 am - 6:00 pm

Downtown YMCA

430 S. 20th St, Omaha, NE
402-341-1600

Mon - Fri: 4:30 am-8:00 pm
Sat: 6:00 am-4:00 pm
Sun: 8:00 am-4:00 pm

Gretna Crossing YMCA

12358 S. 208th Ave., Gretna, NE
531-283-5420

Mon - Fri: 5:00 am-9:00 pm
Sat: 7:00 am-7:00 pm
Sun: 8:00 am-7:00 pm

Maple Street YMCA

7502 Maple St, Omaha, NE
402-393-3700

Mon - Fri: 5:00 am-9:00 pm
Sat: 6:00 am-5:00 pm
Sun: 10:00 am-5:00 pm

Mills County YMCA

110 Sivers Rd, Glenwood, IA
712-527-4352

Mon - Fri: 4:30 am-8:00 pm
Sat: 6:30 am-4:00 pm
Sun: 10:00 am-5:00 pm

Sarpy YMCA

1111 E. First St, Papillion, NE
402-339-9861

Mon - Fri: 5:00 am-9:00 pm
Sat: 7:00 am-6:00 pm
Sun: 8:00 am-6:00 pm

Southwest YMCA

13010 Atwood Ave, Omaha, NE
402-334-8487

Mon - Fri: 5:00 am-9:00 pm
Sat: 7:00 am-6:00 pm
Sun: 10:00 am-6:00 pm

Twin Rivers YMCA

6100 Twin Rivers Circle, Valley, NE
402-359-9622

Mon - Fri: 5:00am - 9:00pm
Sat: 7:00am - 5:00pm
Sun: 10:00am - 5:00pm

Westview YMCA

15800 Summit Plaza, Bennington, NE
402-930-4357

Mon - Fri: 5:00 am-9:00 pm
Sat: 7:00 am-7:00 pm
Sun: 8:00 am-7:00 pm

Buena Vista YMCA Express

5616 L St, Omaha, NE
Mon - Thurs: 5:00 am-7:00 pm

Fri: 5:00 am-6:00 pm
Sat: 7:00 am-12:00 pm
Sun: Closed

YMCA Healthy Living Center

714 S Main St, Council Bluffs, IA
712-323-5995

Mon - Fri: 7:00 am-6:00 pm
Sat: 8:00 am-12:00 pm
Sun: Closed

**Welcome Greater
Omaha Chamber
Members!**

**Bring this flyer in to
your local YMCA to
have the \$49 joining
fee waived!**

>Memberships are valid at all 13 metro Omaha locations



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AFFORDABLE FOR ALL

YMCA OF GREATER OMAHA MEMBERSHIP RATES

ASK ABOUT OUR 10 DAY TRIAL MEMBERSHIP!

MEMBER BENEFITS

- Includes all Group Fitness & Virtual classes
- FREE child care while you use the Y
- 2 FREE sessions with a Wellness Coach
- Dedicated lap lane pool & family swim times
- Access to all 13 metro Omaha locations
- Reduced rates on sports, swim lessons, camp & more
- Monthly Parents Night Out
- Free mobile app
- Open Gym Times
- Dedicated pickleball times

SINGLE MEMBERSHIPS & MONTHLY RATE:

- Youth (0-18) \$22.00
- Young Adult (19-29): \$37.00
- Adult (30-61): \$49.00
- Senior (62+): \$43.00

HOUSEHOLD MEMBERSHIPS & MONTHLY RATE:

- 1 Adult + Household: \$75.00
- 2 Adult: \$76.00
- 2 Adult + Household: \$85.00
- 2 Senior: \$70.00
- 2 Senior + Household: \$76.00
- 3 Adult + Household: \$104.00



YMCA OF GREATER OMAHA: metroymca.org