



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

STRENGTHEN YOUR PEOPLE

YMCA of Greater Omaha Corporate Membership Program



The YMCA of Greater Omaha Corporate Membership Program is more than a gym membership. It's a partnership designed to help reshape your corporate culture to promote employee wellness.

An estimated 90% of health care costs are associated with preventable illnesses. With the Y Corporate Membership Program, you help shift the focus from treatment to PREVENTION.

Your company or organization's YMCA Corporate Membership is an employee perk with health benefits that will last a lifetime. As a YMCA supporter, your membership also means you're helping provide your whole community with benefits that go beyond individual fitness. Every day, the Y is directly involved in making a positive impact by focusing on youth development, healthy living and social responsibility in communities across the country.

CORPORATE MEMBERSHIP PLAN OPTIONS:

- » Corporate Subsidy
- » Bulk Memberships
- » Payroll Deduct

Visit: metroymca.org/corporate-memberships

YMCA MEMBER BENEFITS:

- » Access to all Group Fitness and Virtual classes
- » FREE Childwatch while you use the Y
- » Two free sessions with a Wellness Coach
- » Dedicated lap swim and family swim times
- » Access to all 13 metro Omaha YMCA locations
- » Reduced rates on sports, swim lessons, summer day camp, and more
- » Monthly Parents' Night Out
- » Free mobile app
- » Open gym times
- » Indoor walking tracks (select locations)
- » Dedicated pickleball times
- » Sauna and steam rooms (select locations)
- » Curriculum-based Early Learning Centers - discount (full-day care for ages 6 weeks–5 years)



If you are interested in setting up a Corporate Membership or have questions, please email Macy DeWispelare, Senior Executive Director of Membership: mdewispelare@metroymca.org